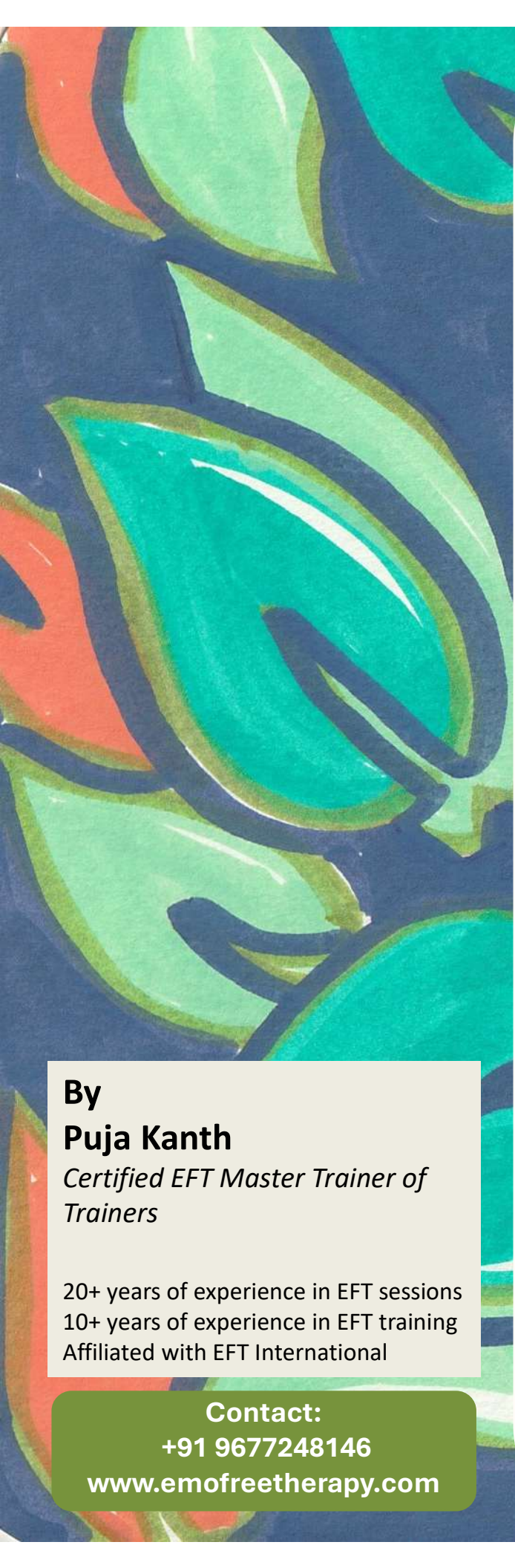




LIVE ONLINE WORKSHOP • 2.5-HOUR CREATIVE EFT
MASTERCLASS

THE ART OF TARGETED TAPPING

Craft Your Daily EFT Alignment Journal
Learn the Two-Page Art Tapping Method

Create. Notice. Tap.

The Two-Page Art Tapping Method combines simple, relaxing creative coloring with targeted Tapping. By soothing the nervous system through art, we calm the mind & body, making your system deeply receptive to emotional relief and nervous system regulation.

Ideal for maintaining a **self-tapping practice** with ease and creativity.

**Date & time: 24th October, 2026
at 5 pm IST**

Super Early Bird: \$47 • First 10 signups
Standard: \$67 • Student: \$30 / Rs 1200

WHAT WE WILL COVER

Module 1: How can Art help?

Module 2: Create Art for relaxation

Module 3: Craft your Tapping Statements with a simple formula.

Module 4: Create your two-Page Tapping Journal

YOUR SIGN-UP BONUSES 🎁

Printable Journal Outline — signature Two-Page layout PDF
20 Daily Tapping Prompts — uncertainty, stress, transitions
10 Creative Coloring Pages — waves, shapes & circles
10-Minute Daily Cheat Sheet — one-page printable reminder

Bring creative ease back into your wellness path.

**By
Puja Kanth**

*Certified EFT Master Trainer of
Trainers*

20+ years of experience in EFT sessions
10+ years of experience in EFT training
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