



HOW to BECOME A CERTIFIED EFT PRACTITIONER?



By Puja Kanth
Certified EFT Master Trainer of Trainers with EFT
INTERNATIONAL

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This slideshow will clear all your doubts about the certification process in India (and abroad). It will outline the steps and requirements to become a certified EFT practitioner with EFT INTERNATIONAL (EFTi) , formerly known as AAMET International.

EFT International is a not-for-profit global association (UK registered) of EFT (Emotional Freedom Techniques) students, practitioners & trainers.

FIRST STEP

Complete level 1 and level 2 training with a certified trainer.

If you've already completed your Level 2 with a certified trainer, then begin the certification process by getting in touch with a Certified Trainer.

The Supervising Mentor can be the trainer whom you took the workshop with or another certified trainer.

For those looking for certified trainers in India: Check the EFTi website for the list of Certified EFT Trainers in India. ONLY a trainer with EFT International can conduct an EFT workshop under the banner of EFT international. They have to be listed on the EFTi website. If anyone claims they're certified but not listed on this website, then they aren't certified.

<https://eftinternational.org/discover-eft-tapping/find-eft-practitioners/>



You can check the list of certified trainers in India here

<https://eftinternational.org/discover-eft-tapping/find-eft-practitioners/>

Type INDIA in the search field

The screenshot shows a mobile browser view of the EFT International website. The page title is "EFT Practitioners Director". The URL in the address bar is "eftinternational.org". The website header features the EFT International logo and a colorful world map. The navigation menu includes "Home", "About Us", "Discover EFT", "EFT Training", and "Membership Info". Below the navigation menu, there are links for "Find an EFT Practitioner or Mentor", "What is EFT Tapping?", "EFT Articles", and "Science & Research". There are also links for "Free EFT Manual" and "Audios & Books". The main heading is "EFT International Directory of EFT Practitioners – Find EFT Tapping Practitioners, Trainers or Mentors". Below this, a welcome message states: "Welcome to the EFT International Directory of EFT Practitioners. You can search for EFT tapping practitioners by name, region (city, state or county), country, specialty area and member type." There is a link for "FAQs - About the EFT International Practitioner Directory". The search interface includes a text input field with "Search by: Name or Region", a dropdown menu with "India" selected, and a "Browse by EFT Specialty" dropdown. Below the search field is a "Select Member Type:" dropdown and a "Search" button with a red checkmark. The footer contains the copyright notice "Copyright 2023 www.emofreetherapy.com" and "EFT International EFT Practitioner Directory". The page also has a table header with columns: "Name", "Member Type", "EFT Specialties", and "About Me".

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EFT Practitioners Director X

eftinternational.org

EFT International

Home About Us > Discover EFT > EFT Training > Membership Info >

Find an EFT Practitioner or Mentor What is EFT Tapping? EFT Articles Science & Research

Free EFT Manual Audios & Books

EFT International Directory of EFT Practitioners – Find EFT Tapping Practitioners, Trainers or Mentors

Welcome to the EFT International Directory of EFT Practitioners. You can search for EFT tapping practitioners by name, region (city, state or county), country, specialty area and member type.

FAQs - About the EFT International Practitioner Directory

Search by: Name or Region ? OR India OR Browse by EFT Specialty

Select Member Type: Search ✓

Copyright 2023 www.emofreetherapy.com EFT International EFT Practitioner Directory

Name	Member Type	EFT Specialties	About Me
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When the results come up, check if the Person listed has PRACTITIONER, TRAINER & MENTOR mentioned in the blue box.



 **Kanth, Puja**
Chennai, Tamil Nadu, India
Emofreetherapy.Com
[Full Bio & Contact Info](#)

Accredited
Trainer
Advanced Practitioner
Mentor
Phone | Online

- Trauma
- Social Anxiety
- Self-Esteem

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Puja Kanth



Accredited Certified EFT Master Trainer of Trainers

Available by:  Phone and  Online

Member #: 17051922

EFT Specialty Areas: Trauma, Social Anxiety, Self-Esteem

Other Training: Psychotherapy

Website: emofreetherapy.com

Email: therapy.eft@gmail.com

Phone: 9677248146

Location: Chennai, Tamil Nadu, India

Languages: English, Hindi

SECOND STEP

Register at the EFT STUDENT level on the www.eftinternational.org (£ 25)

THIRD STEP – WORK WITH A TRAINER/SUPERVISING MENTOR

Schedule sessions with an Accredited Trainer by purchasing the certification package from the trainer. My package details are mentioned on the website.

<https://www.emofreetherapy.com/eft-certification/>

❖ THE TRAINER WILL:

1. Give you guidelines to study and take the exam EFT International website (Pay £15 to EFTi)
2. Discuss the requirements for certification.
3. Give feedback on case studies
4. Give feedback on 50 practice hours with volunteers.
5. Help you find volunteers to practice with.
6. Give feedback on 2 recorded sessions.
7. Give you suggestions on starting your private EFT practice.



My package includes 14 individual (30 mins) calls, or 4 (1 hour) groups calls and 6 (30 mins) individual calls.

❖ The specific certification requirements in detail:

Pass a multiple-choice exam

Submit to Trainer / Supervising Mentor a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study.

Provide 2 in-person OR video demonstration of an EFT sessions, and discuss this session with Trainer .

Complete a minimum of 50 EFT sessions (or “practice hours”) working with at least 20 different individuals. Each EFT session must be a minimum of 45 minutes in length. A log sheet will be provided by your mentor. Add the details of these sessions in the log sheet.

Complete any additional, discretionary requirements as outlined by the Trainer / Supervising Mentor during the certification process.

FINAL STEP



TIME TO
UPGRADE

When Trainer is satisfied that ALL EFT International certification requirements have been met, Trainer will send a recommendation form to EFTi.

Once Trainer completes and submits the recommendation form, the EFT International Membership Secretary verifies it and sends notification to the EFT Student that they are clear to upgrade their membership to Accredited Certified EFT Practitioner

You can then upgrade your membership and pay the (£ 45) membership fee to EFT International.

Meeting the Requirements

As a trainer & supervising mentor, I will help in assessing your skills and qualities as a practitioner and ease the process of certification with support and constructive feedback. You can schedule a free 20 minutes chat to discuss the process and then decide if you'd like to work with me as your chosen mentor.

You can contact me at therapy.eft@gmail.com

My qualifications & Experience

18+ years of experience in 1-1 EFT sessions with clients.

8+ years experience in EFT teaching & Training

I'm an Accredited EFT Master Trainer of Trainers,
Advanced EFT Practitioner & Counselling Psychologist (M.A in Psychology)

