

## HOW to BECOME A CERTIFIED EFT PRACTITIONER?



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EMOFREE

HERAPY

This slideshow will clear all your doubts about the certification process in India (and abroad). It will outline the steps and requirements to become a certified EFT practitioner with EFT INTERNATIONAL (EFTi), formerly known as AAMET International.

EFT International is a not-for-profit global association (UK registered ) of EFT (Emotional Freedom Techniques) students, practitioners & trainers.

#### **FIRST STEP**

Complete level 1 and level 2 training with a certified trainer.

If you've already completed your Level 2 with a certified trainer, then begin the certification process by getting in touch with a Certified Trainer.



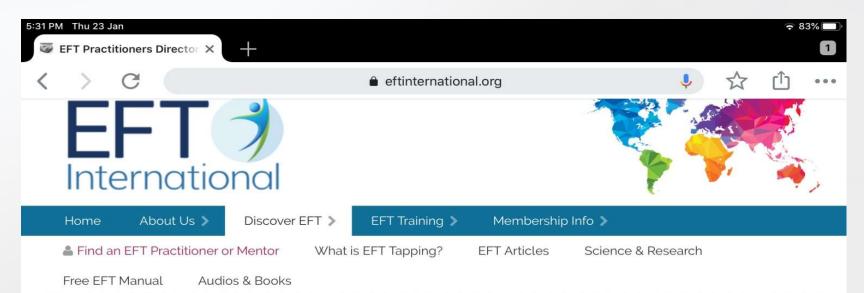
The Supervising Mentor can be the trainer whom you took the workshop with or another certified trainer.

For those looking for certified trainers in India: Check the EFTi website for the list of Certified EFT Trainers in India. ONLY a trainer with EFT International can conduct an EFT workshop under the banner of EFT international. They have to be listed on the EFTi website. If anyone claims they're certified but not listed on this website, then they aren't certified.

https://eftinternational.org/discover-eft-tapping/find-eft-practitioners/

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You can check the list of certified trainers in India here <u>https://eftinternational.org/discover-eft-tapping/find-eft-practitioners/</u> Type INDIA in the search field



#### EFT International Directory of EFT Practitioners – Find EFT Tapping Practitioners, Trainers or Mentors

Welcome to the EFT International Directory of EFT Practitioners. You can search for EFT tapping practitioners by name, region (city, state or county), country, specialty area and member type.



When the results come up, check if the Person listed has PRACTITIONER, TRAINER & MENTOR mentioned in the blue box.



#### Puja Kanth



#### Accredited Certified EFT Master Trainer of Trainers

Available by: Defended on the Available by: Phone and Online Member #: 17051922 EFT Specialty Areas: Trauma, Social Anxiety, Self-Esteem Other Training: Psychotherapy Website: emofreetherapy.com Email: therapy.eft@gmail.com Phone: 9677248146 Locatforyright@aaawwww.emofreetherapy.icom

#### **SECOND STEP**

Register at the EFT STUDENT level on the <u>www.eftinternational.org</u> (£ 25)

#### THIRD STEP – WORK WITH A TRAINER/SUPERVISING MENTOR

Schedule sessions with an Accredited Trainer by purchasing the certification package from the trainer. My package details are mentioned on the website. <u>https://www.emofreetherapy.com/eft-certification/</u>

- ✤ THE TRAINER WILL:
  - Give you guidelines to study and take the exam EFT International website (Pay £15 to EFTi)
  - 2. Discuss the requirements for certification.
  - 3. Give feedback on case studies
  - 4. Give feedback on 50 practice hours with volunteers.
  - 5. Help you find volunteers to practice with.
  - 6. Give feedback on 2 recorded sessions.
  - 7. Give you suggestions on starting your private EFT practice.



My package includes 14 individual (30 mins) calls, or 4 (1 hour) groups calls and 6 (30 mins) individual calls.

Copyright 2023 www.emofreetherapy.com The specific certification requirements in detail:

Pass a multiple-choice exam

Submit to Trainer / Supervising Mentor a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study.

Provide 2 in-person OR video demonstration of an EFT sessions, and discuss this session with Trainer .

Complete a minimum of 50 EFT sessions (or "practice hours") working with at least 20 different individuals. Each EFT session must be a minimum of 45 minutes in length. A log sheet will be provided by your mentor. Add the details of these sessions in the log sheet.

Complete any additional, discretionary requirements as outlined by the Trainer / Supervising Mentor during the certification process.

# TIME TO UPGRADE

### **FINAL STEP**

When Trainer is satisfied that ALL EFT International certification requirements have been met, Trainer will send a recommendation form to EFTi.

Once Trainer completes and submits the recommendation form, the EFT International Membership Secretary verifies it and sends notification to the EFT Student that they are clear to upgrade their membership to Accredited Certified EFT Practitioner

You can then upgrade your membership and pay the (£ 45) membership fee to EFT International.

#### **Meeting the Requirements**

As a trainer & supervising mentor, I will help in assessing your skills and qualities as a practitioner and ease the process of certification with support and constructive feedback. You can schedule a free 20 minutes chat to discuss the process and then decide if you'd like to work with me as your chosen mentor.

You can contact me at therapy.eft@gmail.com

My qualifications & Experience 18+ years of experience in 1-1 EFT sessions with clients. 8+ years experience in EFT teaching & Training



I'm an Accredited EFT Master Trainer of Trainers, Advanced EFT Practitioner & Counselling Psychologist (M.A in Psychology)