

---

# CERTIFICATION PACKAGE FOR EFTi PRACTITIONER CANDIDATES

By Puja Kanth

ACCREDITED CERTIFIED EFT MASTER TRAINER of TRAINERS  
& ADVANCED EFT PRACTITIONER (EFTi)

## Frequently asked Questions

### 1. How do I become an accredited certified EFT Practitioner?

- You need to take the EFT Combined L1+ 2 training courses.
- After finishing the course, you can opt to purchase a certification package with me.
- During the mentoring calls that you'll get with the certification package, I will guide you to finish the EFTi requirements to become an accredited certified EFT Practitioner.

### 2. What does the certification package include?

For EFT students, a minimum of 6 hours of supervision sessions is a mandatory requirement to become a certified practitioner with EFT International (previously known as AAMET). As a supervising mentor, I will help in assessing your skills and qualities as a practitioner and ease the process of certification with support and constructive feedback. Over the next 6-8 months you will receive 7 one to one sessions over zoom, feedback, and support to help you meet the EFT International's requirements.

The EFT assessment & certification package includes:

- ✓ 7 one-hour sessions (Two options given in the next segment)
- ✓ Going through L1 and 2 self-assessment checklists to review all the topics covered in training.
- ✓ Help with preparing for the exam & discussion of the exam results.
- ✓ Detailed review and verbal feedback on the video and written case studies.
- ✓ Identifying areas of strengths, challenges and areas requiring further development.
- ✓ Review of all the 50 practice sessions in the log sheet.
- ✓ E-mail support
- ✓ Guidance on establishing a professional EFT practice

**3) How much is the fees for the certification package?**

You can choose from two options for the fees. Option 1 and 2

**Option 1: Seven hours of 1-1 (Individual) sessions**

This package involves 7 one to one sessions, personalized discussion and feedback on the case studies and exam and providing constructive and careful feedback.

**Fees for Practitioner Candidates**

*For those who haven't taken EFT training course with me: Rs 50,000 (USD 735)*

*Discounted fees for those who've taken or are going to take the training courses with me:*

*Rs 42,000 (USD 620)*

*If you'd like an installment plan, then you can opt for 2-part payment.*

*Additional hours may be required at times; the cost of each additional hour will be Rs 2000 (30\$)*



## **Option 2: Combination of Group and Individual mentoring calls.**

Over the next 6-8 months you will receive 4 group mentoring calls and 3 Individual sessions over zoom, feedback and support to help you meet the EFT International's requirements.

*Please note: This option is only available if a minimum of 4 students sign up after a new batch starts. In this option, there will be a fixed timetable for the group calls initially that you'll have to follow unlike the individual mentoring calls where calls can be scheduled at your convenience.*

**4 group mentoring calls** with a minimum of 4 students and maximum of 8.

*(Group calls will be on fixed dates and will follow a fixed timetable)*

The group calls will cover the following:

- Explaining the certification steps required
- Self-assessment checklist discussion
- Exam discussion & review of results.
- Case study guidance & log sheet guidance
- Establishing a professional EFT practice
- Questions about practice sessions (log sheet).

**3 individual 1-1 sessions** *(Can be scheduled as per convenience by the student)*

These individual calls will cover

- Feedback about the two video submissions and/or live sessions.
- Discussion of strengths and limitations.
- Feedback & Discussion about case studies and log sheets



### **Fees for Practitioner Candidates**

*Only available for those who have taken training with me or are going to take a training course with me: Rs, 29,000 (USD 435)*

*Additional hours may be required at times; the cost of each additional hour will be*

*Rs 2000 (30\$)*

#### **4) What are the steps to become a certified EFT practitioner?**

- **BECOME EFTi STUDENT MEMBER**

**The EFT Student Membership Fee is £25 for 1 year.** *(50% discount coupon available for students from India)*

You can join EFTi as a student member [here](#)

- **MENTORING/SUPERVISION**

Receive 7 hours or more of supervision/mentoring with me.

Contact me and pay the certification package fees.

Once the payment is done, mentoring documents will be emailed to you. I will then invite you to schedule a mentoring call with me where we will discuss in detail how to proceed.

*(Group or individual depending on which option you choose)*

- **PASS MULTIPLE CHOICE EXAM**

Pass the online multiple-choice Practitioner Exam via the EFT International website. Cost: **£15** *(50% discount coupon available for students from India)*

1. Students who are ready to take this test will find the link to make the payment on the EFT International website.
2. After payment has been made a link to the exam site ([www. Proprofs.com](http://www.Proprofs.com)) will either be sent to the student by the accreditation panel or the link will be available on the website. Instructions are given before beginning the exam.



3. Once the exam fee has been paid students have up to 3 attempts to gain the Pass mark which is 80%.
4. Automatic feedback is given to the student each time they try the exam, highlighting which questions were answered incorrectly.

- **SUBMIT CASE STUDIES**

Submit 5 case studies:

- a) Submit 1 audio/video recording at the start of the mentoring calls.
- b) 3 written Client Case Studies (on separate individuals) *Two of the Client Case Studies must be written accounts from multiple sessions (discovery session plus 4 sessions) with a single client. Each must demonstrate a comprehensive exploration and understanding of the role of Core Issues*
- c) 1 Personal Case Study. *One case study is a Personal Case Study – a written account of a personal EFT exploration that demonstrates a thorough examination of a personal issue, and includes how Core Issues were uncovered and handled (60 minutes each session, with 3 sessions minimum)*
- d) 1 video recording plus written case study for the session. (Towards the end of mentoring calls)

*Case studies must demonstrate competent, professional, and individualized\* application of foundational EFT skills acquired during EFT Levels 1 and 2 training and post-training practice and experience. \*See EFT Case Study Guidance Manual for further details*

- **Complete a minimum of 50 eft sessions** (or “practice hours”) working with at least 20 different individuals. Each EFT session must be a minimum of 45 minutes in length.
- **COMPLETE ANY ADDITIONAL, DISCRETIONARY REQUIREMENTS** as outlined by the Trainer / Supervising Mentor during the certification process.



## **Additional requirements:**

*I might add additional requirements if I believe that the mentee needs more practice, and they aren't yet proficient in the EFT skill set.*

*And very rarely if I'm not satisfied with the mentee's level of proficiency even after they've finished all the requirements, I might ask them to attend a refresher course again (at a low cost) and take a few more months to get more practice and finish additional requirements that I will set.*

## **5) Once I complete these requirements will I become an accredited certified EFT Practitioner?**

**Yes.**

Once you have met the competency requirements for EFT International, and as your supervising mentor I'm confident that you have met the competencies and standards for your practitioner level set by EFTi, I will inform the membership secretary about it. The Membership Secretary will then invite you, the Candidate, (via email) to upgrade their membership on [eftinternational.org](http://eftinternational.org) from EFT Student to Accredited Certified EFT Practitioner.

FEES TO BE PAID TO EFTi for annual membership: £45

<https://eftinternational.org/membership-information/efti-membership-levels-fees/>

## **6) How do I maintain my membership with EFTi?**

### **MAINTAINING CERTIFICATION**

To maintain EFT Accredited, Certified EFT Practitioner status, members must fulfill **annual** CPD and supervision/mentoring requirements. CPD (Continuous Professional Development) is 30 hours of EFT-related study (i.e. videos, workshops, books, audio presentations, etc.). Supervision/Mentoring is 6 hours annual mentoring (individual or group of 8 or less) with an EFTi Trainer.



## Common Questions

**1) Where do I take the exam?**

The exam will be on EFTi website. Guidance on how to take it will be provided in the mentoring calls.

**2) How will I find students to practice with?**

You can join the EFTi as a student member. They have a student's directory where you can swap sessions with other students.

**3) Will I get guidance on how to do EFT after the training is over?**

You can join a WhatsApp group for ongoing support and guidance. The mentoring calls are also geared towards giving you feedback about your EFT sessions and answering your queries.

**4) Is there an expiry date for the certification package/mentoring hours?**

Yes, it will expire in a year from the time you purchased the package. In exceptional circumstances, a grace period is given.

**5) By when do I need to finish the certification requirements?**

All requirements must be finished within a year of taking the training course. If not, you'll need to take a refresher course.

**6) What is the refund policy?**

The mentoring fees is non-refundable.

