
EFT_i PRACTITIONER CANDIDATES

For EFT students, 6 hours of supervision sessions is a mandatory requirement to become a certified practitioner with EFT International (previously known as AAMET). As a supervising mentor, I will help in assessing your skills and qualities as a practitioner and ease the process of certification with support and constructive feedback.

EFT ASSESSMENT & CERTIFICATION PACKAGE:

Over the next 6-8 months you will receive 6 one to one sessions over zoom, feedback and support to help you meet the EFT International's requirements. You will be required to become a student member of EFT_i, take the multiple choice exam on their website, submit your case studies etc to me.

This package involves 6 one to one sessions, discussion and feedback on the case studies and exam, and providing constructive and careful feedback.

The package includes:

- ✓ 6 one hour sessions (1-1)
- ✓ Help with preparing for the exam
- ✓ Detailed review and feedback on the case studies.
- ✓ Identifying areas of strengths and limitations.
- ✓ Review of all the 50 practice sessions in the log sheet.
- ✓ E-mail support
- ✓ Guidance on establishing a professional EFT practice

Fees*:

Candidates for Accredited Certified EFT Practitioner/Advanced Certified Practitioner:

Rs 50,000 (USD 735)

Existing mentees/students: Rs 42,000 (USD 620)

If you'd like an installment plan, then you can opt for 2 part payment.

Additional hours may be required at times; the cost of each additional hour will be Rs 2000 (30\$)

STEPS TOWARDS BECOMING AN ACCREDITED CERTIFIED EFT PRACTITIONER WITH EFT INTERNATIONAL

1. BECOME EFTi STUDENT MEMBER

A Practitioner-Candidate (or "Candidate") must be an EFTi member to access the exam and generally joins as an EFT Student member at this time .

The EFT Student Membership Fee is £25 for 1 year.

You can join EFTi as a student member [here](#)

2. MENTORING/SUPERVISION

Receive 6 hours supervision/mentoring with me.

Contact me and pay the certification package fees.

Once the payment is done, mentoring documents will be emailed to you. I will then invite you to schedule a mentoring call with me where we will discuss in detail how to proceed.

3. PASS MULTIPLE CHOICE EXAM

Pass the online multiple-choice Practitioner Exam via the EFT International website.

1. Students who are ready to take this test will find the link to make the payment on the EFT International website.
2. After payment has been made a link to the exam site (www.Profprofs.com) will either be sent to the student by the accreditation panel



or the link will be available on the website. Instructions are given before beginning the exam.

3. Once the exam fee has been paid students have up to 3 attempts to gain the Pass mark which is 80%.
4. Automatic feedback is given to the student each time they try the exam, highlighting which questions were answered incorrectly.

4. SUBMIT CASE STUDIES

Submit a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills acquired during EFT Levels 1 and 2 training and post-training practice and experience. *See EFT Case Study Guidance Manual for further details

The following requirements can be completed in any order, at the Supervising Mentor's discretion:

- a) One of the Client Case Studies must be a live demonstration and discussion of a full EFT session. This can be accomplished by live, in-person demonstration (may be online) and follow-up conversation with Supervising Mentor, OR Audio OR video recording of session and follow-up conversation with Supervising Mentor. A write-up of the live session is required.
- b) Two of the Client Case Studies must be written accounts from multiple sessions (2 minimum, 4 maximum) with a single client. Each must demonstrate a comprehensive exploration and understanding of the role of Core Issues
- c) One case study is a Personal Case Study – a written account of a personal EFT exploration that demonstrates a thorough examination of a personal issue, and includes how Core Issues were uncovered and handled (60 minutes minimum, with multiple sessions encouraged) Case Studies must be submitted to the Mentor within 12 months of attending the relevant level training course. If more than 12 months has passed since a student has attended their Level 2 (or Level 3) training, the Supervising Mentor may request that Candidates attend a refresher course. The form of such training will be at the Mentor's discretion, in cooperation with the Trainer (if different).

5. **PROVIDE AN IN-PERSON OR AUDIO OR VIDEO DEMONSTRATION** of an EFT session, and discuss this session with Trainer. This demonstration (and discussion) will count as one Client Case Study.



6. **COMPLETE A MINIMUM OF 50 EFT SESSIONS** (or “practice hours”) working with at least 20 different individuals. Each EFT session must be a minimum of 45 minutes in length.

7. **COMPLETE ANY ADDITIONAL, DISCRETIONARY REQUIREMENTS** as outlined by the Trainer / Supervising Mentor during the certification process.

Additional requirements:

I will require 1 video recording of a client session at the beginning of the mentoring and one at the end. (The second one will be counted as 1 case study) The second video recording needs to be written as a case study as well.

Also, I might add additional requirements if I believe that the mentee needs more practice and they aren't yet proficient in the EFT skill set.

And very rarely if I'm not satisfied with the mentee's level of proficiency even after they've finished all the requirements, I might ask them to attend a refresher course again (at a low cost) and take a few more months to get more practice and finish additional requirements that I will set.

Once you have met the competency requirements for EFT International, and as your supervising mentor I'm confident that you have met the competencies and standards for your practitioner level set by EFTi, I will inform the membership secretary about it. The Membership Secretary will then invite you, the Candidate, (via email) to upgrade their membership on eftinternational.org from EFT Student to Accredited Certified EFT Practitioner.

When all of these points have been completed students may register (or upgrade from Student level) on the EFT International website as “Certified EFT Practitioner”. You will receive the upgrade to “**Accredited Certified EFT Practitioner**”.

MAINTAINING CERTIFICATION

To maintain EFT Accredited, Certified EFT Practitioner status, members must fulfill **annual** CPD and supervision/mentoring requirements. CPD (Continuous Professional Development) is 30 hours of EFT-related study (i.e. videos, workshops, books, audio presentations, etc.). Supervision/Mentoring is 6 hours annual mentoring (individual or group of 8 or less) with an EFTi Trainer.

FEES TO BE PAID TO EFTi for annual membership: £45

<https://eftinternational.org/membership-information/efti-membership-levels-fees/>

